

Main International Competitions for 2021/22 season

Name	Venue/Date	Age Group
ISF Gymnasiade	Normandy, France 14 th to 22 nd May 2022	Boys 2004-2006 Girls 2004-2006
COJI	Mallorca, Spain 24 th to 29 th May 2022	Boys 2006-2008 Girls 2008-2010
COMEN Cup	Limassol, Cyprus 3 rd to 5 th June 2022	Boys 2006-2007 Girls 2008-2009
Mediterranean Games	Algeria 26 th to 30 th June 2022	
World LC Championships	Budapest, Hungary 26 th June 2022	Open
European Junior Championships	Romania 5 th to 10 th July 2022	Boys 2004-2007 Girls 2005-2008
EYOF	Banská Bystrica, Slovakia 24 th to 30 th July 2022	Boys 2006-2007 Girls 2007-2008
Commonwealth Games	Birmingham, Great Britain 29 th July to 3 rd August 2022	Open
European Championships	Rome, Italy 15 th to 21 st August 2022	Open
World Junior Championships	Kazan, Russia 23 rd August 2022	Boys 2004-2007 Girls 2005-2008

COMEN Swimming Cup 2022 – Limassol - 3rd to 5th June 2022

Selection policy

- 1. The objective for this event** is to provide a meaningful and beneficial competitive opportunity to further the long-term development of Maltese swimmers (boys born 2006-2007 and girls born 2008-2009) towards senior international success at GSSE (2025 & 2027) and Olympic (2028) levels.
- 2. Selection Trials.** Selections will be made from Olympic individual event performances at the 29th Easter International Swim Meet which will be held between the 21st and 23rd April 2022. This event will be known as the ‘Selection Trials’. Athletes will be notified of their selections in the following week.
- 3. Team size.** Up to a maximum of 8 athletes regardless of gender will be selected for the COMEN Cup 2022. There is no obligation on ASA to select 8 athletes and the total Team size will be subject to available funding.
- 4. Athletes Selection (Individual Events)**

Boys Born 2006-2007	Event	Girls born 2008/2009
Consideration Time		Consideration Time
25.60	50 Freestyle	28.77
55.88	100 Freestyle	1:02.30
2:02.23	200 Freestyle	2:14.13
4:22.61	400 Freestyle	4:41.21
8:59.05	800 Freestyle	9:47.36
17:25.34	1500 Freestyle	18:35.41
1:01.92	100 Backstroke	1:08.97
2:16.45	200 Backstroke	2:29.87
1:09.26	100 Breaststroke	1:18.27
2:30.15	200 Breaststroke	2:49.00
1:00.76	100 Butterfly	1:07.45
2:14.61	200 Butterfly	2:28.25
2:18.83	200 IM	2:32.67
4:56.27	400 IM	5:22.53

- 5. To be eligible for consideration**, swimmers must achieve a time of the respective event at the Selection Trials equal to or better than an individual event Consideration Standard. A Maximum of **two** swimmers can be considered for selection in one event.

6. Athletes eligibility.

- be a Maltese citizen
- be a registered ASA member of the 2021-2022 season
- be available to fulfil National Team commitments

7. The possibility of participation of swimmers who have not fulfilled the qualification requirements.

The National Swimming Coach together with the ASA Executive will accept applications from Clubs regarding swimmers who have not fulfilled Consideration Standard Time. Consideration applications will be accepted from the athletes of eligible age who have **obtained personal best times** during Selection Trials with times not slower than +2% from the **Consideration Time**. Such applications must be sent via email to vpswimming@asaofmalta.eu and natcoachswim@asaofmalta.eu by not later than Wednesday 27th April 2022. The ASA cannot guarantee participation for such athletes as team size will be subject to available funding.

8. Coach selection.

The ASA will nominate one Accompanying Coach. Priority in selection will go to the coach having the most number **qualified swimmers**. Additional criteria for nomination are those coaches having swimmers obtaining the highest FINA points (the greatest number of LC FINA points 2021 in one race at the Selection Trials).

Rev: 9th March 2022

MEDITERRANEAN GAMES – ALGERIA, 26TH TO 30TH JUNE 2022

MINIMUM QUALIFYING STANDARDS - SWIMMING

To Be Confirmed by the MOC

1. All athletes must be over 100% in index performance as certified by the FDL of the Maltese Olympic Committee.
2. All members of the Team are to be certified injury free by the MOC Medical Team.
3. The M.O.C. Executive reserves the right to nominate/include any athlete that does not meet with the MQS criteria if there is a valid technical reason which has to be motivated at the time of selection.
4. All athletes participating in the Games must sign a contract and abide by the Rules of Conduct of the IOC and those of the MOC.
5. If an athlete obtains the following results, he/she will also be eligible for consideration.
6. The final decision of the members of the contingent rests solely with the Maltese Olympic Committee.

Swimming Qualifying Times			
based on 750 FINA points			
Men		Event	Women
00:23.01		50m Freestyle	00:26.05
00:51.63		100m Freestyle	00:56.91
01:52.26		200m Freestyle	02:04.35
04:02.21		400m Freestyle	04:20.25
08:17.62		800m Freestyle	08:53.58
15:58.68		1500m Freestyle	16:53.11
00:26.41		50m Backstroke	00:29.69
00:57.06		100m Backstroke	01:03.36
02:03.18		200m Backstroke	02:15.76
00:28.56		50m Breaststroke	00:32.35
01:02.60		100m Breaststroke	01:10.58
02:18.81		200m Breaststroke	02:33.11
00:24.51		50m Butterfly	00:26.88
00:54.48		100m Butterfly	01:01.06
02:01.87		200m Butterfly	02:14.06
02:05.47		200m Ind. Medley	02:18.81
04:28.38		400m Ind. Medley	04:53.16
03:27.18		4x100m Freestyle	03:51.18
03:48.14		4x100m Medley	04:13.58
07:40.67		4x200m Freestyle	08:27.94

Rev: 5th December 2021

19th FINA World Swimming Championships 2022 (50 m)

Budapest, Hungary

26th June to 3rd July 2022

1. Only athletes constantly training and having a positive dynamic in results in the last 12 month up to the deadline set by Association can be selected.

2. Only swimmers achieving FINA “A” or “B” Standard Time up to the deadline set by Association can guarantee their participation.

https://resources.fina.org/fina/document/2022/02/16/c973b959-787e-44a4-a39b-a2d2718dbb6b/1_Budapest-2022_Qualification-System.pdf

3. Qualifying period 1st March 2020 – 30th April 2022 (National Federation must provide the Final Nominations by 15th May 2022 to register all Athletes and Team Officials that includes all relevant data for the purposes of Accreditation and Visa assistance. After this deadline it will not be possible to register anymore individuals to the event).

4. Qualifying period of 1st March 2020 – 15th May 2022 is only to achieve “A” or “B” standard time. Swimmers achieving A or B time after the official announcement cannot be included in the Team.

5. At the World Championships, National Federations may enter swimmers who have not achieved either Standard Entry Time as follows:

- a) With no swimmers who have achieved the “A” or “B” Standard Entry Time: National Federations may enter up to four (4) swimmers, two (2) men and two (2) women.
- b) With one (1) or two (2) swimmers who has achieved the “A” or “B” Standard Entry Time: National Federations may enter up to a maximum of four (4) swimmers (two (2) men and two (2) women), and with three (3) swimmers who have achieved the “A” or “B” Standard Entry Time, one (1) additional swimmer provided that both genders are represented.
- c) The swimmers who have not achieved either Standard Entry Time will only be permitted to enter up to two (2) individual events each.
- d) An individual entry for a swimmer without an “A” or “B” Standard Entry Time must be in an event where no other swimmer from the National Federation has been entered. Swimmers entered without qualifying time must have participated in the National Championships of the Federation. These swimmers will be allowed to enter in two (2) different events each, but they cannot swim in the same event, p.a. 50 m Freestyle.

6. With no swimmers who have achieved the “A” or “B” Standard Entry Time ASA will nominate up to 4 swimmers (with Gender equality – up to 2 Male, 2 Female). National

Coach will select swimmers according their performance in Long Course competitions in specified period: 1st March 2020 – 30th April 2022

7. Criteria for selection:

- Priority in selection will be given to Gold Medal winners in GSSE 2019 regardless of FINA Points Table.
- If more than 2 male or female swimmers will win Gold Medals, then, best FINA 2019 LC points in specified period will be taken into consideration.
- Minimum number of FINA 2021 LC points for selection is 775.

Note: The ASA has applied and received approval from FINA for the Easter International Swimming Meet 2022 to be FINA Qualifying events for this competition.

Rev: 11th March 2022

European Junior Championships 2022

Romania, 5th to 10th July 2022

Selection policy

- 1. The objective for this event** is to provide a meaningful and beneficial competitive opportunity to further the long-term development of Maltese swimmers (boys born 2004 – 2007 and girls born 2005 – 2008) towards senior international success at GSSE (2023 & 2025) and Olympic (2024/2028) levels.
- 2. Selection Period** Selections will be made from individual event performances at ASA approved competitions during the period 1st June 2021 to 31st May 2022. Athletes will be notified of their selections in the week following the end of the selection period.
- 3. Team size** Up to a maximum of 8 athletes regardless of gender will be selected for the EJC 2022. There is no obligation on the ASA to select 8 athletes and the total Team Size will be subject to available funding.
- 4. Athletes Selection (675 FINA points 2021)**

Boys born 2004-2007	Event	Girls born 2005-2008
23.83	50 Freestyle	26.98
53.47	100 Freestyle	58.94
1:56.27	200 Freestyle	2:08.79
4:10.87	400 Freestyle	4:29.56
8:35.40	800 Freestyle	9:12.65
16:32.94	1500 Freestyle	17:29.33
27.35	50 Backstroke	30.75
59.10	100 Backstroke	1:05.62
2:07.58	200 Backstroke	2:20.61
29.58	50 Breaststroke	33.51
1:04.84	100 Breaststroke	1:13.10
2:23.77	200 Breaststroke	2:38.58
25.38	50 Butterfly	27.84
56.42	100 Butterfly	1:03.24
2:06.23	200 Butterfly	2:18.86
2:09.95	200 IM	2:23.77
4:37.97	400 IM	5:03.64

- 5. To be eligible for selection**, swimmers must achieve a time in the Heat or Final of the respective event at the ASA approved competitions during the qualifying period equal to or better than an individual event Time Standard. A Maximum of **four** swimmers can be selected in one event.
- 6. Athletes eligibility**
 - be a Maltese citizen
 - be a registered ASA member of the 2019-2020/2020-2021 seasons
 - be available to fulfil National Team commitments

Rev: 5th December 2021



EYOF

Banská Bystrica, Slovakia - 24th to 30th July 2022

Introduction:

In order to ascertain itself that the preparation of the athletes wishing to qualify for the Commonwealth Games are progressing in the best way possible, the MOC together with ASA has approved Delon Dannhauser as the National Coach (NC)

Conditions:

Athletes, and their coaches, wishing to be considered for selection for this high-level competition are required to:

1. Send a draft monthly training program (preferably 1 month in advance) starting from February 2022 to the DoS and NC, which programs should be discussed in detail to review the progress of training and amend accordingly. Foreign-based athletes will have their respective coaches send monthly reports with possible virtual meetings with coaches as deemed necessary by the NC. A copy of the training program is to be sent to the MOC Director of Sport (DoS).
2. Athletes are required to attend National Team training as organized by the association.
3. Any member of the MOC shall have the right to visit in person the training being carried out.
4. Any injury, sickness is to be reported immediately to the DoS, TD and Medical Commission of the MOC. No athlete will be permitted to take part in the Games with any illness or injury which may hinder the athlete's performance. The MOC Medical Team reserves the right to certify each and every athlete for these games.
5. All athletes must take part in National Competitions (and National Championships if applicable) and a minimum of 1 International Competition high level competition. This need to be approved by the DoS and the NC. All results are to be communicated to the DoS and the NC.
6. The DoS reserves the right to communicate and meet up with any athlete, NC and ASA representative at any time from January 2022 till the end of the Games.
7. All athletes, coaches and appointed representatives of ASA are required to accept, abide by the rules and regulations as well as sign a contract of Rules of Conduct of the MOC.
8. Athletes achieving the MQS during the period January 2022 and 30th June 2022 will be eligible for consideration for the EYOF. Coaches must also make sure that athletes are training to peak for the Games.
9. Proximity to the MQS could also be considered in exceptional cases at the sole discretion of the MOC.
10. All decisions taken by the DoS and MOC pertaining to the EYOF will be deemed as final

MQS

Male boys born 2006/07	Event	Female girls born 2007/08
	Freestyle	
24.35	50m	27.00
52.43	100m	58.39
1:56.10	200m	2:07.21
3:58.27	400m	4:21.60
n/a	800m	9:05.34
16:36.53	1500m	n/a
	backstroke	
1:00.24	100m	1:06.45
2:09.71	200m	2:27.21
	breaststroke	
1:06.96	100m	1:14.13
2:23.19	200m	2:39.76
	Butterfly	
57.16	100m	1:03.86
2:07.61	200m	2:23.06
	Medley	
2:12.75	200m	2:24.91
4:32.88	400m	4:59.42

SPORTS	DISCIPLINE / EVENT		CATEGORY	ATHLETE 'S QUOTA (Aa)	SPORT OFFICIALS QUOTA (AO)
 SWIMMING Sport Park Swimming	50m freestyle 100 m freestyle 200m freestyle 400m freestyle 800m (G) & 1500m (B) freestyle 100m breaststroke 200 m breaststroke 100 m backstroke 200 m backstroke	100 m butterfly 200 m butterfly 200 m individual medley 400 m individual medley 4x100 m freestyle relay 4x 100m medley relay 4x 100m medley mixed relay 4x 100m freestyle mixed relay	boys 2006/2007 girls 2007/2008	16 athletes (boys and/or girls) „Two (2) swimmers may enter per individual event per NOC and one (1) athlete per NOC is allowed in the Final. Each swimmer can participate in two individual events, one (1) relay per gender and one (1) mixed relay per day. In the 800m Freestyle Women /1500m Freestyle Men each NOC may enter two (2) competitors in each event but only the fastest/highest ranked competitor in each event will be eligible to receive medal.	1 AO per 1-4 Aa 2 AO per 5-8 Aa 3 AO per 9-12 Aa 4 AO per 13-16 Aa
	All events for both boys and girls unless indicated with B/C				

Rev: 4th January 2022



COMMONWEALTH GAMES – BIRMINGHAM, GREAT BRITAIN

29th July to 3rd August 2022

Introduction:

In order to ascertain itself that the preparation of the athletes wishing to qualify for the Commonwealth Games are progressing in the best way possible, the MOC has approved the following Technical Committee (TComm) for ASA:

1. Technical Director and National Coach (TDir): Delon Dannhauser

Conditions:

Athletes, and their coaches, wishing to be considered for selection for this high-level competition are required to:

1. Send a draft monthly training program (preferably 1 month in advance) starting from October 2021 to the DoS and TDir, which programs should be discussed in detail with the TDir at meetings organized by the TDir to review the progress of training and amend accordingly. Foreign based athletes will have their respective coaches send monthly reports with possible virtual meetings with coaches as deemed necessary by the TDir. A copy of the training program is to be sent to the MOC Director of Sport (DoS).
2. Athletes are required to attend training camps with the National Team, TDir or as organized by the TDir, both locally and abroad. It is planned that these be organized on a regular basis and it is expected that athletes follow the direction / training of the TDir during such training camps / sessions.
3. Any member of the MOC and /or TComm shall have the right to visit in person the training being carried out.
4. Any injury, sickness is to be reported immediately to the DoS, TD and Medical Commission of the MOC. No athlete will be permitted to take part in the Games with any illness or injury which may hinder the athlete's performance. The MOC Medical Team reserves the right to certify each and every athlete for these games.
5. All athletes must take part in National Competitions (and National Championships if applicable) and a minimum of 1 International Competition high level competition. This need to be approved by the DoS and the TD. All results are to be communicated to the DoS and the TD.
6. The DoS reserves the right to communicate and meet up with any athlete, TComm and ASA representative at any time from September 2021 till the end of the Games.
7. All athletes, coaches and appointed representatives of ASA are required to accept, abide by the rules and regulations as well as sign a contract of Rules of Conduct of the CG and MOC.

8. Athletes achieving the MQS during the period January 2021 and end June 2022 will be eligible for consideration for the Commonwealth Games Coaches must also make sure that athletes are training to peak for the Games.
9. The MOC has allocated a quota of 2 athletes for these Games. These could be increased (if other quotas in other sports are not utilized), or reduced (if the required standard is not reached). Proximity to the MQS could also be considered in exceptional cases at the sole discretion of the MOC.
10. All decisions taken by the DoS and MOC pertaining to the Commonwealth Games will be deemed as final.

MINIMUM QUALIFYING STANDARDS - SWIMMING

based on 750 FINA points			
Men		Event – Long Course	Women
00:23.01		50m Freestyle	00:26.05
00:51.63		100m Freestyle	00:56.91
01:52.26		200m Freestyle	02:04.35
04:02.21		400m Freestyle	04:20.25
08:17.62		800m Freestyle	08:53.58
15:58.68		1500m Freestyle	16:53.11
00:26.41		50m Backstroke	00:29.69
00:57.06		100m Backstroke	01:03.36
02:03.18		200m Backstroke	02:15.76
00:28.56		50m Breaststroke	00:32.35
01:02.60		100m Breaststroke	01:10.58
02:18.81		200m Breaststroke	02:33.11
00:24.51		50m Butterfly	00:26.88
00:54.48		100m Butterfly	01:01.06
02:01.87		200m Butterfly	02:14.06
02:05.47		200m Ind. Medley	02:18.81
04:28.38		400m Ind. Medley	04:53.16
03:27.18		4x100m Freestyle	03:51.18
03:48.14		4x100m Medley	04:13.58
07:40.67		4x200m Freestyle	08:27.94

Rev: 12th December 2021

European Swimming Championship 2022

15th to 21st August 2022, Rome, Italy

Selection policy

1. **The objective for this event** is to provide a meaningful and beneficial competitive opportunity to further the long-term development of Maltese swimmers towards international success at GSSE 2023 and Olympic (2021/2024) levels.
2. **The Selection period** is between the **1st June 2021 and 17th July 2022**. Athletes will be notified of their selections in the week after the selection deadline.
3. **Selection Standard: 750 points of FINA Point Scoring 2021 Long Course**

Men	Event	Women
23.01	50 freestyle	26.05
51.63	100 freestyle	56.91
1:52.26	200 freestyle	2:04.35
4:02.21	400 freestyle	4:20.25
8:17.62	800 freestyle	8:53.58
15:58.68	1500 freestyle	16:53.11
24.51	50 butterfly	26.88
54.48	100 butterfly	1:01.06
2:01.87	200 butterfly	2:14.06
28.56	50 breaststroke	32.35
1:02.60	100 breaststroke	1:10.58
2:18.81	200 breaststroke	2:33.11
26.41	50 backstroke	29.69
57.06	100 backstroke	1:03.36
2:03.18	200 backstroke	2:15.76
2:05.47	200 IM	2:18.81
4:28.38	400 IM	4:53.16

4. **Team size.** Up to a maximum of 8 athletes regardless of gender will be selected for the European Aquatics Championships 2022.

If more than 8 swimmers achieve 750 FINA points or more, selection will be made according to the following criteria (sequence in order of priority):

1. 750 points in Olympic program event;
2. 750 points in more than one event;
3. Highest number of points.

There is no obligation on the ASA to select 8 athletes and the total Team size will be subject to available funding.

If no selection times will be obtained during the qualifying period the ASA will then nominate up to 4 swimmers regardless of gender according to FINA Point Scoring Long Course 2021.

- 5. To be eligible for selection**, swimmers must achieve a time during the qualifying period in the Long Course Competitions approved by the ASA equal to or better than an individual event Selection Standard. A Maximum of **four** swimmers shall be considered for selection in one event.

Athletes who wish to be selected for the European Aquatic Championships must inform the ASA and the National Coach in advance about their participation in international competitions.

6. Athletes eligibility.

- be a Maltese citizen
- be a registered ASA member of the 2021-2022 season
- be available to fulfil National Team commitments

Rev: 5th December 2021

World Junior Championships 2022

Kazan, Russia – 23rd to 28th August 2022

Selection policy

- 1. The objective for this event** is to provide a meaningful and beneficial competitive opportunity to further the long-term development of Maltese swimmers (boys born 2004 – 2007 and girls born 2005 – 2008) towards senior international success at GSSE (2023 & 2025) and Olympic (2024/2028) levels.
- 2. Selection Period** Selections will be made from individual event performances at ASA approved competitions between the 1st June 2021 to 17th July 2022. Athletes will be notified of their selections in the week following the end of the selection period.
- 3. Team size** Up to a maximum of 4 athletes regardless of gender will be selected for the WJC 2022. There is no obligation on the ASA to sponsor athletes and the total Team Size will be subject to available funding.
- 4. Athletes Selection (700 FINA points 2021)**

Boys born 2004-2007	Event	Girls born 2005-2008
23.54	50 Freestyle	26.65
52.83	100 Freestyle	58.23
1:54.87	200 Freestyle	2:07.24
4:07.85	400 Freestyle	4:26.31
8:29.19	800 Freestyle	9:05.99
16:20.98	1500 Freestyle	17:16.68
27.02	50 Backstroke	30.38
58.39	100 Backstroke	1:04.83
1:06.04	200 Backstroke	2:18.92
29.22	50 Breaststroke	33.11
1:04.06	100 Breaststroke	1:12.22
2:04.06	200 Breaststroke	2:36.67
25.08	50 Butterfly	27.51
55.74	100 Butterfly	1:02.48
2:04.70	200 Butterfly	2:17.18
2:08.39	200 IM	2:22.04
4:34.62	400 IM	4:59.98

- 5. To be eligible for selection**, swimmers must achieve a time in the Heat or Final of the respective event at the ASA approved competitions during the qualifying period equal to or better than an individual event Time Standard. A Maximum of **four** swimmers can be selected in one event.
- 6. Athletes eligibility**
 - be a Maltese citizen
 - be a registered ASA member of the 2019-2020/2020-2021 seasons
 - be available to fulfil National Team commitments

Rev: 5th December 2021