

## Main International Competitions for 2022/23 season

Name	Venue/Date	Age Group
World SC Championships	Melbourne, Australia 13 <sup>th</sup> to 18 <sup>th</sup> Dec 2022	Open
GSSE 2023	Malta 31 <sup>st</sup> May to 3 <sup>rd</sup> June 2023	Open
European Junior Championships	TBC 4 <sup>th</sup> to 9 <sup>th</sup> July 2023	Boys 2005-2008 Girls 2006-2009
World University Games	TBC 28 <sup>th</sup> July 2023	Open
World LC Championships	Fukuoka, Japan 14 <sup>th</sup> to 30 <sup>th</sup> July 2023	Open

# 16<sup>th</sup> FINA World Swimming Championships (25m)

## Melbourne, Australia

13<sup>th</sup> to 18<sup>th</sup> December 2022

1. Only swimmers achieving FINA “A” or “B” Standard Time up to the deadline set by Association can guarantee their participation.

[https://resources.fina.org/fina/document/2022/06/16/e23ebdca-e21e-4495-a832-65b3d329acac/Qualification\\_Melbourne-2022.pdf](https://resources.fina.org/fina/document/2022/06/16/e23ebdca-e21e-4495-a832-65b3d329acac/Qualification_Melbourne-2022.pdf)

2. Qualifying period 24<sup>th</sup> July 2021 – 13<sup>th</sup> November 2022 to achieve “A” or “B” standard time. Swimmers achieving A or B time after the official ASA selection announcement cannot be included in the Team.

3. The National Federation must provide the Final Nominations by 15<sup>th</sup> November 2022 to register all Athletes and Team Officials that includes all relevant data for the purposes of Accreditation and Visa assistance. After this deadline it will not be possible to register additional/other individuals to the event.

4. At the World Championships, National Federations may enter swimmers who have not achieved either Standard Entry Time as follows:

a) With no swimmers who have achieved the “A” or “B” Standard Entry Time: National Federations may enter up to four (4) swimmers, two (2) men and two (2) women.

b) With one (1) or two (2) swimmers who has achieved the “A” or “B” Standard Entry Time: National Federations may enter up to a maximum of four (4) swimmers (two (2) men and two (2) women), and with three (3) swimmers who have achieved the “A” or “B” Standard Entry Time, one (1) additional swimmer provided that both genders are represented.

c) The swimmers who have not achieved either Standard Entry Time will only be permitted to enter up to two (2) individual events each.

d) An individual entry for a swimmer without an “A” or “B” Standard Entry Time must be in an event where no other swimmer from the National Federation has been entered. Swimmers entered without qualifying time must have participated in the National Championships of the Federation. These swimmers will be allowed to enter in two (2) different events each, but they cannot swim in the same event, p.a. 50 m Freestyle.

5. With no swimmers who have achieved the “A” or “B” Standard Entry Time the ASA may nominate up to 4 swimmers (with Gender equality – up to 2 Male, 2 Female) according to FINA Point Scoring 2022 obtained during their performances in Short Course or Long Course competitions during the specified period: 24<sup>th</sup> July 2021 – 13<sup>th</sup> November 2022

Rev: 3<sup>rd</sup> October 2022



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# GAMES OF THE SMALL STATES MALTA 2023

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Selection Criteria



29<sup>TH</sup> MAY TO 3<sup>RD</sup> JUNE 2023  
MALTESE OLYMPIC COMMITTEE

**GSSE MALTA 2023**  
**MINIMUM QUALIFICATION STANDARDS**  
**Conditions of Selection**

Athletes, and their coaches, wishing to be considered for selection for this high-level competition are required to:

- 1) Fill in the following form found at: [\[Link\]](#) by 15<sup>th</sup> November 2022. This information will be used for the long list and logistics purposes. You can also

scan the QR Code:

- 2) Coaches and athletes are obliged to discuss the yearly training program (with regular updates as required) starting from September 2022 up to June 2023 with the Association Technical Committee who in turn shall relay such information to the MOC technical commission. Foreign based athletes will have their respective coaches send bi-monthly reports with possible virtual meetings with coaches as deemed necessary both with Association & MOC Technical Commission.
- 3) All athletes aspiring to participate in the Games will be subject to Diagnostic Fitness Tests at the Maltese Olympic Committee FDL Lab. These tests are obligatory and failure to attend without a valid reason and / or notification, will result in an automatic exclusion from the Games.
- 4) Athletes are required to attend training camps with the National Team, both locally and abroad as requested by Technical Committee of the Association. It is expected that athletes follow the direction / training of the national coach during such training camps / sessions.
- 5) Any member of the MOC and /or technical commission shall have the right to visit in person the training being carried out.
- 6) Any injury or sickness is to be reported immediately to the Director of Sport and Medical Commission of the MOC and also to the Medical Team of the Association. No athlete will be permitted to take part in the Games with any illness or injury which may hinder the athlete's performance and/or the team's performance. The MOC Medical Team reserves the right to certify each and every athlete for these games.
- 7) Athletes are to follow instructions by the medical team of the association and MOC for fast recovery from injury.

- 8) All athletes must take part in national competitions (and National Championships if applicable) and International Competitions and at those events for which the Technical Committee of the Association and MOC requests participation. This need to be approved by the DoS and the federation/association. All results and technical report are to be communicated to the DoS and to the federation/association not later than 7 days from the date of competition.
- 9) The Director of Sport reserves the right to communicate and meet up with any athlete coach and technical team per sport, and association/federation representative and the technical commission at any time from September 2022 till the end of the July 2023.
- 10) All athletes, coaches and appointed representatives of federation/association are required to accept, abide by the rules and regulations as well as sign a contract of Rules of Conduct of the MOC and another contract for participation in GSSE2023. Athletes are required to attend the press conferences and any activities organised by MOC as regards GSSE2023 and the MOC athletes' commission. Funded Athletes breaching these conditions could also be asked to refund any funds already approved and/or paid as per athlete's contract.
- 11) According to the rules and regulations of the GSSE, if any event does not have the required number of entries, the event will be removed from the programme. MOC will inform the national federation as soon as possible. The list of events in this document is not final yet.
- 12) The maximum number of athletes allowed to be selected does not mean that Team Malta will make use of all of them.
- 13) All decisions taken by the DoS and MOC pertaining to the GSSE2023 will be deemed as final. **Reaching the MQS does not secure a place in the selected team.**

**The Deadline for Team Malta Selection is 1<sup>st</sup> May 2023**

**Team Malta will be published on 5<sup>th</sup> May 2023.**

## SWIMMING

Conditions:

- Swimmers who have achieved the MQS A result in 2022 need only attain 98% of that in 2023 (MQS A1).
- Swimmers who have not attained MQS A result in 2022 need to attain MQS B in 2023.
- Maximum number of athletes selected in individual events is: 2 (Two)
- Only one relay team is allowed per country
- Achieving the MQS does not guarantee the selection. Athletes are to show consistent results during the season.
- Proximity to the MQS could also be considered in exceptional cases at the sole discretion of the MOC. Only in exceptional cases, shall the MOC accept (and has the right) to deviate from the above, and this particularly if it is clear that such deviation could result in better performances at the Games.

	MEN				WOMEN		
	MQS A	MQS A1	MQS B		MQS A	MQS A1	MQS B
<b>Freestyle</b>							
50m	23:30	23.77	23:52		26.50	27.03	26:75
100m	52:00	53.04	52:60		57.00	58.14	57:62
200m	1:55.00	1:57.3	1:56.15		2:05.00	2:07.5	2:06.25
400m	4:06.00	4:11.0	4:08.50		4:20.00	4.25.2	4:22.70
800m	8:35.00	8:45.30	8:40.15		9:00.00	9:10.8	9:05.40
1500m	16:21.00	16:40.02	16:30.50		17:00.00	17:20.4	17:10.2
<b>Backstroke</b>							
50m	27.00	27.54	27:27		30.50	31.11	30.80
100m	59.00	1:00.18	59:60		1:05.50	1:06.81	1:06.20
200m	2:08.50	2:11.07	2:09.50		2:25.00	2:27.90	2:26.45
<b>Butterfly</b>							
50m	25.00	25.50	25.25		28.50	29.07	28.85
100m	55:80	56.92	56.40		1:04.50	1:05.80	1:05.20
200m	2:08.00	2:10.56	2:09.30		2:22.00	2:24:84	2:23.40
<b>Breaststroke</b>							
50m	28.80	29.38	29.00		33.95	34.63	34.30
100m	1:04.00	1:05.28	1:04.80		1:14.00	1:15.48	1:15.00
200m	2:18.00	2:20.76	2:19.50		2:39:00	2:42.18	2:41.00
<b>Medley</b>							
200m	2:08.00	2:10.56	2:09.50		2:24.00	2:26.88	2:25.44
400m	4:35.50	4:41.01	4:38.50		5:05.00	5:11.10	5:08.00
<b>Relay</b>							
4 *100m Fr	3:29.00	3:33.18	3:31.20		4:00.00	4:04.8	4:02.40
4*200m Fr	7:48.00	7:57.36	7.43:00		8:33.00	8:43.26	8:38.00
4*100m Medley	3:51.00	3:55.62	3:53.50		4:25.00	4:30.30	4:27.50

# European Junior Championships 2023

TBC, 4<sup>th</sup> to 9<sup>th</sup> July 2023

## Selection policy

- 1. The objective for this event** is to provide a meaningful and beneficial competitive opportunity to further the long-term development of Maltese swimmers (boys born 2005 – 2008 and girls born 2006 – 2009) towards senior international success at Olympic (2024/2028) and GSSE (2025) levels.
- 2. Selection Period** Selections will be made from individual event performances at ASA approved competitions between the 1<sup>st</sup> June 2022 to 28<sup>th</sup> May 2023. Athletes will be notified of their selections in the week following the end of the selection period.
- 3. Team size** Up to a maximum of 8 athletes regardless of gender will be selected for the EJC 2022. There is no obligation on the ASA to select 8 athletes and the total Team Size will be subject to available funding.
- 4. Athletes Selection (625 FINA points 2022)**

Boys born 2005-2008	Event	Girls born 2006-2009
24.45	50 Freestyle	27.68
54.86	100 Freestyle	1:00.48
1:59.29	200 Freestyle	2:12.14
4:17.39	400 Freestyle	4:36.56
8:48.80	800 Freestyle	9:27.01
16:58.75	1500 Freestyle	17:56.59
27.83	50 Backstroke	31.55
1:00.64	100 Backstroke	1:07.19
2:10.90	200 Backstroke	2:24.27
30.35	50 Breaststroke	34.26
1:06.52	100 Breaststroke	1:15.00
2:27.51	200 Breaststroke	2:42.51
26.04	50 Butterfly	28.57
57.83	100 Butterfly	1:04.88
2:09.51	200 Butterfly	2:22.46
2:13.33	200 IM	2:27.51
4:45.19	400 IM	5:11.53

- 5. To be eligible for selection**, swimmers must achieve a time in the Heat or Final of the respective event at the ASA approved competitions during the qualifying period equal to or better than an individual event Time Standard. A Maximum of **four** swimmers can be selected in one event.
- 6. Athletes eligibility**
  - be a Maltese citizen
  - be a registered ASA member of the 2021-2022/2022-2023 seasons
  - be available to fulfil National Team commitments

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## 20<sup>th</sup> FINA World Championships 2022 (50 m)

Fukuoka, Japan

14<sup>th</sup> to 30<sup>th</sup> July 2023

1. Only athletes constantly training and having a positive dynamic in results in the last 12 months up to the deadline set by Association can be selected.

2. Only swimmers achieving FINA "A" or "B" Standard Time up to the deadline set by Association can guarantee their participation.

[https://resources.fina.org/fina/document/2022/08/02/6a2278b6-0f59-4825-ba82-fdfb35965166/QualifyingTimes\\_Fukuoka-2022\\_.pdf](https://resources.fina.org/fina/document/2022/08/02/6a2278b6-0f59-4825-ba82-fdfb35965166/QualifyingTimes_Fukuoka-2022_.pdf)

3. Qualifying period 1<sup>st</sup> March 2022 – 4<sup>th</sup> June 2023 (National Federation must provide the Final Nominations beforehand in order to register all Athletes and Team Officials for the purposes of Accreditation and Visa assistance. After this deadline it will not be possible to register anymore individuals to the event).

4. Qualifying period of 1<sup>st</sup> March 2022 – 11<sup>th</sup> June 2023 is only to achieve "A" or "B" standard time. Swimmers achieving A or B time after the official announcement cannot be included in the Team.

5. At the World Championships, National Federations may enter swimmers who have not achieved either Standard Entry Time as follows:

- a) With no swimmers who have achieved the "A" or "B" Standard Entry Time: National Federations may enter up to four (4) swimmers, two (2) men and two (2) women.
- b) With one (1) or two (2) swimmers who has achieved the "A" or "B" Standard Entry Time: National Federations may enter up to a maximum of four (4) swimmers (two (2) men and two (2) women), and with three (3) swimmers who have achieved the "A" or "B" Standard Entry Time, one (1) additional swimmer provided that both genders are represented.
- c) The swimmers who have not achieved either Standard Entry Time will only be permitted to enter up to two (2) individual events each.
- d) An individual entry for a swimmer without an "A" or "B" Standard Entry Time must be in an event where no other swimmer from the National Federation has been entered. Swimmers entered without qualifying time must have participated in the National Championships of the Federation. These swimmers will be allowed to enter in two (2) different events each, but they cannot swim in the same event, p.a. 50 m Freestyle.

6. With no swimmers who have achieved the "A" or "B" Standard Entry Time the ASA may nominate up to 4 swimmers (with Gender equality – up to 2 Male, 2 Female) according to FINA Point Scoring 2022 obtained during their performances in Long Course competitions during the specified period: 1<sup>st</sup> March 2022 – 4<sup>th</sup> June 2023



7. Criteria for selection:

- Priority in selection will be given to Gold Medal winners in GSSE 2023 regardless of FINA Points Table.
- If more than 2 male or female swimmers will win Gold Medals, then, best FINA 2022 LC points in specified period will be taken into consideration.
- Minimum number of FINA 2022 LC points for selection is 775.

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