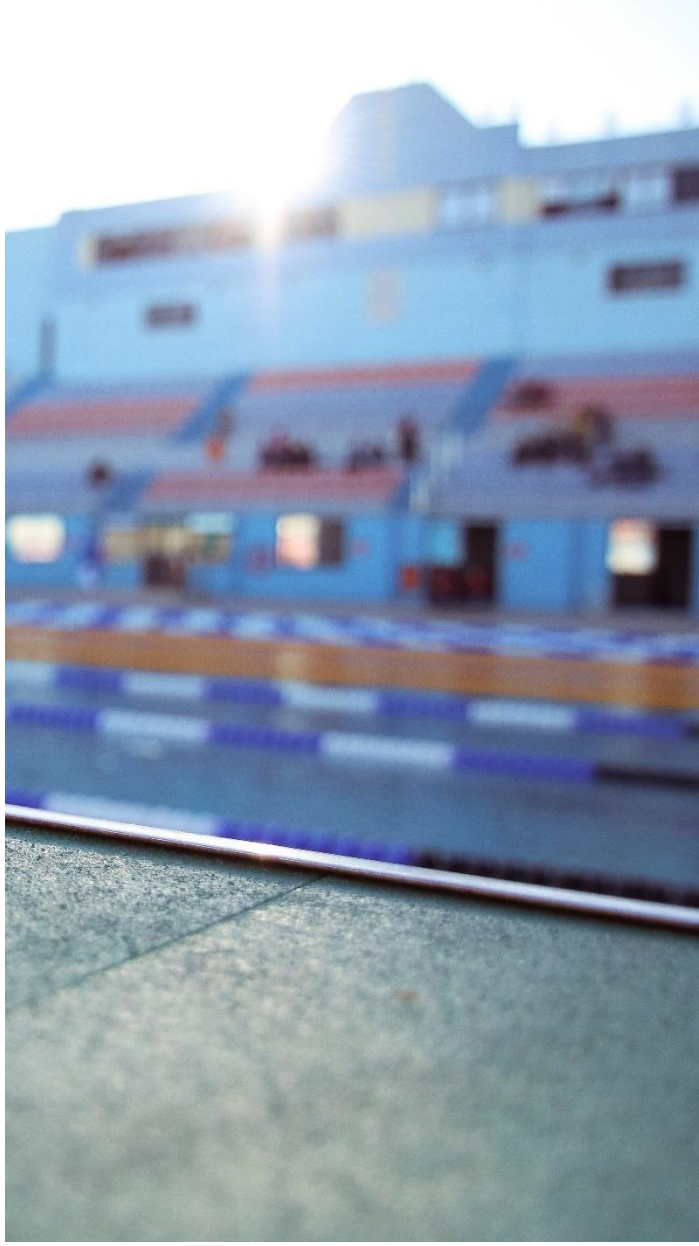


COOP Services 33rd Easter International Swimming Meet

ASA MALTA

coop services ltd

Approved by World Aquatics as a Qualifying Event for

1st to 4th APRIL 2026

National Swimming Pool
Tal-Qroqq

Regulations

Venue	Outdoor 50m pool, 10 lanes Competitions held in 8 lanes for heats and finals Water temperature 27° C Electronic timing OMEGA Swiss Timing Warm up: Outdoor 25m pool, 10 lanes

The competition will be held in a 50m outdoor pool with 8 lanes for preliminary heats and 8 lanes in the finals. The preliminary heats will be held in the morning session, while in the afternoon the best swimmers with the fastest times will compete in the **B** and **A** Finals. Seedings will be made according to entry times. The results of the heats are classified into five women's and five men's age groups as follows:

	Women		**Men**
A	2016 – 2018	A	2015 – 2017
B	2014 – 2015	B	2013 – 2014
C	2012 – 2013	C	2011 – 2012
D	2010 – 2011	D	2009 – 2010
Open	2009 and older	**Open**	2008 and older

50m events: **Heats** will be held for Age Groups **A, B, C, D & Open** during the morning session with **Finals** during the afternoon session (one final for each age group). In 50m events for the **Open Age Group Final**, only swimmers born in 2009 and older for Women & 2008 and older for Men can qualify.

100 m and 200 m events: **Timed Finals** will be held for Age Groups **A, B, C & D** during the morning program. Medals will be allocated according to the times obtained during the heats. Medals will need to be collected from the Meet office.

For the **Open** Age Group Competitions in 100 and 200 m events **Heats** will be held during the morning session with **B** and **A** finals in the afternoon. In the case of having 5 or more foreign swimmers qualified for the **A** final, a **C** final will be organized for Maltese (registered with the ASA) swimmers only.

For the 200m events:

a. should there be less than 16 swimmers in the heats, then only an A Final will be held.
b. Should there be 8 or less swimmers in the heat, a heat will still be swum in the morning session to provide the seeding for the Final in the evening session.

In 400 m events **Timed Finals** will be held with the slowest heats during the morning session (maximum of 3 heats) and fastest heat held during the afternoon session.

In 800 and 1500 m events **Timed Finals** will be held with the slowest heats during the morning session (maximum of 1 heat) and fastest heat held during the afternoon session.

In relays one Club can enter a maximum of one team. ASA at it's own discretion can enter National Teams made up of club swimmers.

The ASA reserves the right to reject entries after the deadline to ensure the smooth running of the competition.

Withdrawals from finals should be declared within 30 minutes from the announcement of the results for the specific event. After this time, should a swimmer fail to present him/herself to a final a €50 fine will be imposed.

COMPETITION SCHEDULE

Wednesday, April 1st 2026

Session 1 Warm up 7:45 – 8:45. Start 9:00

- 200m IM W,M (Open – heats, A, B, C, D age groups – timed finals)
- 100m freestyle W, M (Open – heats, A, B, C, D age groups – timed finals)
- 100m breaststroke W,M (Open – heats, A, B, C, D age groups – timed finals)
- 50m backstroke W, M (A, B, C, D, Open AG age groups – heats)
- 1500m freestyle W, M (Open – timed finals, slowest heat, maximum of 1 heat)

Session 2: Warm up 15:45 – 16:45. Start 17:00

- 200m IM W, M (Open B and A – finals)
- 100m freestyle W, M (Open B and A – finals)
    - *Awards Ceremony*
- 100m breaststroke W, M (Open B and A – finals)
- 50m backstroke W, M (A, B, C, D, Open AG age groups – finals)
    - *Awards Ceremony*
- 1500m freestyle W, M (Open – timed finals, fastest heat)
- 4 x100m freestyle Relay Mixed (Open – finals)
    - *Awards Ceremony*

Thursday, April 2nd 2026

Session 3 Warm up 7:45 – 8:45. Start 9:00

- 200m butterfly W, M (Open – heats, A, B, C, D age groups – timed finals)
- 100m backstroke W, M (Open – heats, A, B, C, D age groups – timed finals)
- 50m freestyle W, M (A, B, C, D, Open AG age groups – heats)
- 400m freestyle W,M (Open – timed finals, slowest heats, maximum of 3 heats)

Session 4: Warm up 15:45 – 16:45. Start 17:00

- 200m butterfly W,M (Open B and A – finals)
- 100m backstroke W, M (Open B and A – finals)
    - *Awards Ceremony*
- 50m freestyle W, M (A, B, C, D, Open AG age groups – finals)
- 400m freestyle W, M (Open – timed finals, fastest heat)
    - *Awards Ceremony*
- 4 x100m medley Relay W, M (Open – finals)
    - *Awards Ceremony*

Friday, April 3rd 2026

Session 5: Warm up 7:45 – 8:45. Start 9:00

- 200m freestyle W, M (Open – heats, A, B, C, D age groups – timed finals)
- 200m breaststroke W,M (Open – heats, A, B, C, D age groups – timed finals)
- 50m butterfly W, M (A, B, C, D, Open AG age groups – heats)
- 400m IM W,M (Open – timed finals, slowest heats, maximum of 3 heats)

Session 6: Warm up 15:45 – 16:45. Start 17:00

- 200m freestyle W, M (Open B and A – finals)
- 200m breaststroke W, M (Open B and A – finals)
    - *Awards Ceremony*
- 50m butterfly W, M (A, B, C, D, Open AG age groups – finals)
- 400m IM W, M (Open – timed finals, fastest heat)
    - *Awards Ceremony*
- 4 x 50m freestyle W, M (Open – finals)
    - *Awards Ceremony*

Saturday, April 4th 2026

Session 7: Warm up 7:45 – 8:45. Start 9:00

- 200m backstroke W, M (Open – heats, A, B, C, D age groups – timed finals)
- 800m freestyle W,M (Open – timed finals, slowest heat, maximum of 1 heat)
- 50m breaststroke W, M (A, B, C, D, Open AG age groups – heats)
- 100m butterfly W,M (Open – heats, A, B, C, D age groups – timed finals)

Session 8: Warm up 15:45 – 16:45. Start 17:00

- 200m backstroke W, M (Open B and A – finals)
- 800m freestyle W,M (Open – timed finals, fastest heat)
    - *Awards Ceremony*
- 50m breaststroke W, M (A, B, C, D, Open AG age groups – finals)
- 100m butterfly W, M (Open B and A – finals)
    - *Awards Ceremony*
- 4 x 200m freestyle W, M (Open – finals)
    - *Awards Ceremony*

Award of the Centenary Swimming Club Trophy

General Information

COOP Services Easter International Meet 2026

Social:	COOP Services 33rd Easter International Meet https://fb.me/e/5KQ9s8buW
Event Dates:	Wednesday 1st to Saturday 4th April 2026
Venue:	National Swimming Pool, Tal-Qroqq, Malta
Closing Date for Entries:	Wednesday 25th March 2026

Entries will be submitted via online entry on
https://www.swimrankings.net/manager/

Online Entry instructions and Procedure can be found at the end of this document.

IMPORTANT - All entry times provided must have been achieved in a 50m pool during the previous 18 months and must reflect the swimmer's Personal Best time. Times achieved in 25m pool must be converted to the respective 50m time.

Entry Fees

The club participation fee for the International Easter Meet will be of €40.00 per club.
Individual events: €6.00 per event
Relays: €20.00 per event

A club may not enter more than one team for the relay events. All teams shall be composed of swimmers from the same club. However, the ASA at it's own discretion can enter National Teams made up of club swimmers.

2 Starting Lists per Club will be distributed free of charge.

Meet Office

The meet office will be open during the duration of the meet and is located on the Pool Deck. Any documents and passes should be collected from this office on arrival.

Information Sessions

A Technical Meeting for Team Leaders and Coaches will be held at the National Pool, ASA of Malta Offices on the 2nd Floor on Tuesday 31st March 2026 at 18:30. The meeting will provide important information and updates for the event and will be the final opportunity for clubs to make any changes to entries (corrections or withdrawals only)

All clubs are required to send at least one representative to the meeting. Please note that no additions can be made to any event at this time.

Heats programs will be finalised at the conclusion of this meeting and will be available for the public on Wednesday 1st April 2026. Coaches and Team Managers will be able to collect their copy of the Start List for each session from the Meeting Office during the Warm Up for that specific session.

Entry times

Although there will be no entry time limit restrictions clubs and swimmers are requested to be considerate when registering especially for the longer distance events.

Club Accreditation Entitlements

Clubs are entitled to nominate coaches, team managers and support staff based on the number of swimmers they have competing as follows:

1 to 5 swimmers in individual events
1 x coach, team manager or support staff
6 to 20 swimmers in individual events
2 x coaches, team managers or support staff
21 to 40 swimmers in individual events
3 x coaches, team managers or support staff
41 or more swimmers in individual events
4 x coaches, team managers or support staff

Training Times

A number of lanes in the MAIN COMPETITION POOL (50m) will be available for athletes for training in the days prior to the competition as follows:

Tue 31st March 2026
9:00 – 11:00
13:45 – 15:45

Pre Meet and Warm Up Times and Procedures

For warm up the MAIN COMPETITION POOL (50m) will be available for athletes for one hour prior each competition only as follows:

Wed 1st April 2026	Thu 2nd April 2026	Fri 3rd April 2026	Sat 4th April 2026
07:45 – 08:45	07:45 – 08:45	07:45 – 08:45	07:45 – 08:45
15:45 – 16:45	15:45 – 16:45	15:45 – 16:45	15:45 – 16:45

The following general pool procedures for the MAIN COMPETITION POOL (50m) must be observed throughout the meet:

- Lanes 1 and 2: Reserved for 25m dive sprints from the Start end of the Pool and 15m dive sprints from the turn end of the pool. Swimmers must clear the lane immediately.
- Lanes 2 and 7: Reserved for pace swimming, one way, no diving.
- Lanes 3 to 6: Reserved throughout the whole of the warm up period as circle swimming lanes.

The 25m POOL will be available for cool down and warm up throughout the competition.

In addition to the procedures above, please be aware of announcements to determine lane usage throughout the meet. Lane usage may vary at the discretion of the Pool Manager and Event Manager.

Doping Control

Swimmers are informed that random doping control may take place during the meet.

Spectator Admission

Limited tickets for the stands will be available and may be purchased at the door or before the event from the ASA website.

https://asaofmalta.eu/

Non-competitors will not be permitted access to pool deck under any circumstances.

A Cafeteria is situated within the pool complex together with a number of vending machines.

Car Parking

Car parking space is available on site and is free of charge.

Smoking

All the Swimming Complex is designated as a non-smoking area.

Photographs & Video

Photos and Video coverage of the event might be made during the event for possible Media coverage.

The promoters of this event request that the Press, Professional photographers and Cameramen wishing to engage in any video, zoom or close range photography should register their details with the organising team before carrying out any such photography. The event organisers reserve the right to decline entry to any person unable to meet or abide by the organiser's conditions. Such photographers will be issued with the relevant accreditation.

Parents may want to celebrate the achievements of their children by capturing the event through photographs and videos.

If parents or other spectators intend to photograph or film an event, it is advisable that they are made aware that:

- young people and parents are informed that if they have any concerns they can report them to the event organiser;
- concerns regarding inappropriate or intrusive photography are to be reported to the event organiser or official and recorded in the same manner as any child protection concern;
- event organisers reserve the right to stop any spectator from using photographic or video equipment at their own discretion.

The use of Mobile phones (especially for Photographic use) on pool deck is strictly prohibited and can result in the actual phone being confiscated unless the organisers would not have the certainty that if the phone was used to take photos, such photos would have been deleted both on the said device and also from possible Internet cloud storage.

Data Protection

Personal data will be processed in accordance with the Data Protection Act 2001. Any information will be used by the Organisers for administration purposes and to ensure the physical well-being of the swimmers when participating in the event.

The information will not be disclosed to any third parties unless this occurs with the consent of the parents/guardians or if such data is required by law enforcement or other authorities having a legal right to request the information.

In accordance with the Data Protection Act, the parent and the swimmer are thus entitled to request access to information by submitting a written request to the Event Organiser. They also have the right to request the blocking or erasure of data if this has been processed unlawfully.

EASTER MEET – OPEN RECORDS

COOP Services 32nd Easter International Swim Meet 2025
Gzira, 23 - 26/4/2025

Easter Meet Open

Women, Open **Long Course (50m)**

Freestyle							
50m	26.27	Felsner, Jessica	30	GER	SCAK	24/04/2025	Gzira
100m	58.29	Muscat, Nicola	18			14/04/2012	Gzira
200m	2:03.98	Musso, Erica	23			21/04/2017	Gzira
400m	4:16.36	Gatt, Sasha	20	MLT	SLM	24/04/2025	Gzira
800m	8:52.75	Gatt, Sasha	20	MLT	SLM	26/04/2025	Gzira
1500m	16:49.85	Gatt, Sasha	20	MLT	SLM	23/04/2025	Gzira
Backstroke							
50m	29.62	Spinoni, Alessia	18	ITA	FSSDA	25/04/2019	Gzira
100m	1:03.91	Spinoni, Alessia	18	ITA	FSSDA	26/04/2019	Gzira
200m	2:19.59	Pistelli, Jasmin	17	ITA	CRT	25/04/2019	Gzira
Breaststroke							
50m	32.97	Cawsey, Zoe	26	MLT	NEP	26/04/2025	Gzira
100m	1:13.83	Micallef, Amy	21	MLT	SIR	27/04/2019	Gzira
200m	2:36.00	Micallef, Amy	21	MLT	SIR	26/04/2019	Gzira
Butterfly							
50m	27.92	Camisa, Eleonora	17	ITA	CRT	26/04/2019	Gzira
100m	1:01.50	Tarzia, Claudia	20			23/04/2017	Gzira
200m	2:15.24	Peschiera, Giorgia	18			21/04/2017	Gzira
Medley							
200m	2:22.37	Pescio, Andrea Ambra	19			22/04/2017	Gzira
400m	5:02.11	Pescio, Andrea Ambra	19			20/04/2017	Gzira
Freestyle Relay							
4 x 100m	4:00.73	Aquatic Sports Association of Malta AZZOPARDI, Mya, VALLETTA, Martina, FINO, Kristina, FALZON YOUNG, Francesca		MLT	ASA	25/04/2019	Gzira
4 x 200m	8:36.13	Team Liguria				23/04/2017	Gzira
Medley Relay							
4 x 100m	4:26.73	Team Liguria				23/04/2017	Gzira

Easter Meet Open

Men, Open **Long Course (50m)**

Freestyle							
50m	23.05	Stacey, Harry	19	MLT	SGSW	27/04/2019	Gzira
100m	50.57	Stacey, Harry	19	MLT	SGSW	25/04/2019	Gzira
200m	1:53.37	Casini, Andrea	18	ITA	CRT	26/04/2019	Gzira
400m	4:01.91	Donato, Vincenzo	19	ITA	CRT	27/04/2019	Gzira
800m	8:25.76	Cachia, Dylan	22	MLT	SLM	13/04/2023	Gzira
1500m	15:53.96	Donato, Vincenzo	19	ITA	CRT	25/04/2019	Gzira
Backstroke							
50m	27.32	Burnett, Simon	99			05/04/2001	Gzira
100m	58.27	Mercanti, Leone	19	ITA	VALD	24/04/2025	Gzira
200m	2:05.59	Mercanti, Leone	19	ITA	VALD	26/04/2025	Gzira
Breaststroke							
50m	29.08	Starkus, Henrik	18	MLT	SLM	26/04/2025	Gzira
100m	1:05.01	Harding, Julian	19			11/04/2015	Gzira
200m	2:21.16	Kalmikov, Valeri	99			21/04/1996	Gzira
Butterfly							
50m	24.48	Razzetti, Alberto	18			22/04/2017	Gzira
100m	54.64	Razzetti, Alberto	18			21/04/2017	Gzira
200m	2:02.84	Godani, Corrado	21			21/04/2017	Gzira
Medley							
200m	2:06.52	Chiostri, Ruben	18	ITA	CRT	27/04/2019	Gzira
400m	4:31.00	Chiostri, Ruben	18	ITA	CRT	26/04/2019	Gzira
Freestyle Relay							
4 x 100m	3:30.93	ASA National Team				09/04/2016	Gzira
4 x 200m	7:52.13	Comitato Regionale Toscano F.I.N.		ITA	CRT	26/04/2019	Gzira
		CASINI, Andrea, MARCHI, Federico, LEONI, Marco, DONATO, Vincenzo					
Medley Relay							
4 x 100m	3:53.19	Simklubben Neptun		SWE	SN	24/04/2025	Gzira
		STERLING, Lucas, RUNDSTROM, Oliver, ALBINZON, Oliver, ROGERSSON, Tim					

Online Entries Procedure

Entries can be created following the link and instructions below:

Open the link https://www.swimrankings.net/manager/

If you are using Swimrankings For the first time, you need to sign-Up by clicking on: *"You don't have a login? Sign up here"*

Fill in the registration and you will receive back an email. Click on the link in the email to activate your account.

Go back to the site above: https://www.swimrankings.net/manager/

Login with the new credentials just created.

At the top bar, click on Entries

Scroll down and Click once on the Easter International Swim Meet to highlight the line in the table

At the bottom of the table (For the first Meet only) click on Add (from the next meet you will simply Select your team from the dropdown list) and fill in the details of your club.

Then fill in your personal details and tick the box to "save as defaults for future meets"

The row for the Meet should be highlighted and you will get your club name showing at the bottom of the table.

From the Left side Menu, choose Athletes

For existing Swimmers: choose Select

Follow the instructions and start typing the surname of the swimmer

When the name of the swimmer appears in the list, double click on it to add it to your athletes for this meet

Keep selecting all swimmers who will be taking part.

For new Swimmers: choose Add

Fill in the details of the new swimmers

For the date use the following format - DD.MM.YYYY

For Registration ID, fill in their ID card or Passport number

Once all Athletes are created or added, From the Left side Menu, choose Entries by Athlete

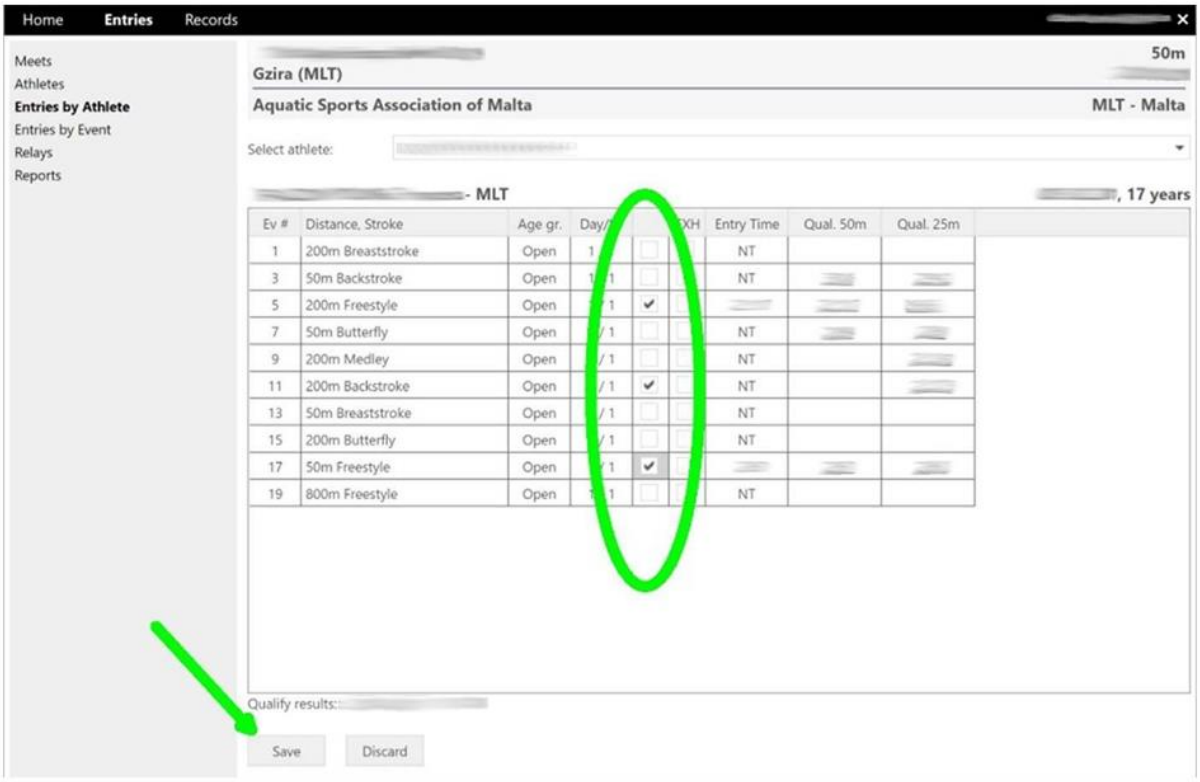
Select the Athlete from the top selection box

For each athlete you need to tick (DOUBLE CLICK inside) the box on the right from the 2 tick boxes next to each event (it is the only column without a heading)

DO NOT tick the EXH box since that means its an Exhibition (out of Competition participation)

In the example below, the swimmer has been selected for 200 Free, 200 Back and 50 Free. In the case of the 200 Free and 50 Free the swimmer had an entry time between the qualifying window but No Time for 200m Back.

When Ready, it is important to click on Save button shown at the bottom of the screen.



You can then go ahead with all the other athletes.

Once ready, from the left Menu choose Reports

Choose any of the 2 buttons – Entries by Athlete or Entries by Event

Download and Double check the reports

You can Edit any entries for any athlete how many times you like till the deadline date

Deadline for entries is the 25th March 2026

Cover Photo credit: Abby Bonello